

## ACTIVITY

# BEING PART OF THE TRANSITION MOVEMENT

People:	All of your group (at least one person who can use the internet)
Time:	45 minutes
Resources:	A computer with internet access, a place to meet

### *Why should we do this?*

*"I can't change the world on my own, I need at least three people to do it."  
Bill Mollison originator of Permaculture*

Being part of Transition is not just about what you do locally in your community it is also about joining a global movement building a future we all want to live in. Connecting with others in Transition is:

- Empowering - as part of a global movement you are part of creating changes in many places. You can see how lots of small actions adds up.
- Learning: we can be more effective when we use what others have learnt - from their challenges as well as their successes!
- Inspiring- contact with others gives inspiration, support when things feel tough, and rewarding when our journey helps others.

Transition Network is a UK based organisation that aims to help the whole global Transition movement, and this factsheet describes what it offers. Many countries have national hubs which have their own website and other services which you can visit. Transition is a huge challenge - and a huge opportunity. There is simply too much for any one person to learn themselves, too much knowledge and expertise, but together we have enough. It is like the African proverb, 'If you want to go fast go alone, if you want to go far go together.'

### *How to do it:*

This activity is to get you familiar with the different ways you can interact with the transition global transition movement. It can be done on your own or as part of a group, if doing this in a group we recommend that at least one person goes through it beforehand so they can lead people through the activity.

We really encourage you and your group to be part of the Transition global network. You can do this by visiting the Transition Network website <http://www.transitionnetwork.org/> where you can:

- Find out about and contact other Transition groups
- Find out about projects that other groups are doing
- Keep up to date with the latest thinking and opportunities in Transition
- Access a range of support resources and other services like the Transition Research Network

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### Becoming part of the movement:

- Get different members of your Transition group to register as individuals on the Transition each with a personal profile, to do this click on the login button on top of homepage and you can register an account.
- Setup a Transition group profile with an up to date email address so people in the movement can contact you, you can do this once you have registered as an individual
- Update your Transition group profile when the main contact changes, or ideally have a specific email address for your group
- Get all your group to sign up to the Transition Network newsletter which contains news and stories from the world of Transition and keeps you up to date with opportunities for your group - sign up to this at the bottom of the homepage where it says 'Get news and updates'

### Contact your National Hub and nearby Transition groups:

- Many countries have National Hubs that can support new Transition groups, to see if you have a National Hub check out this page <http://transitionnetwork.org/transition-near-me/hubs/>
- Contact groups that are geographically nearby to your group and visit each other <http://transitionnetwork.org/transition-near-me/initiatives/>

### Go on a training course:

- Transition Network provides a range of courses all over the world to help groups to carry out Transition, find out more here <http://transitionnetwork.org/do-transition/training/>
- You will not only learn stuff but also meet other people doing Transition.

### Sign up to our social media:

- Like the Transition Network Facebook Page <https://www.facebook.com/transitionnetwork>
- Follow Transition Network on Twitter <https://twitter.com/transitiontowns>
- Search for nearby Transition groups on facebook and say hello

### New members of the group:

- When new members of the group join let them know about the above so that they can link into the Transition Network.

### Have a Transition connections role in your group:

- It can be great to have a person in your group whose role it is to keep your group details up to date and to regularly read the Transition Website and Newsletter to keep up with what is happening in Transition in terms of new developments, new resources that may help your group and much more. They can also help new people to use the website and register.

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### More support:

For more support and information on being part of the Transition movement go here:  
<http://transitionnetwork.org/do-transition/starting-transition/7-essential-ingredients/part-of-a-movement/>

Check out the 7 essential ingredients of Transition here:  
<http://transitionnetwork.org/do-transition/starting-transition/7-essential-ingredients/>

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Use the following space for your own notes.

**End.**