



Sample Joining Instructions for use by Local Organisers

Dear Participant,

Welcome and thank you for booking onto the **Totnes** Transition (**Launch/Thrive**) course.

Practicalities

Dates: Saturday 13th and Sunday 14th September 2008.

Times: On both days training begin at 9:30am sharp and finish at 5:30.
Please arrive anytime from 8:45am on Saturday for registration and welcome.

If you haven't already done so you will need to pay the balance of your course fee on arrival.

Venue:

Getting there / travel information:

The training is non residential, if you need accommodation ... ([link to local tourist info or a list of recommended B&B's](#))

You may bring food to share, or if you prefer, there are many local shops to buy lunch or cafes within easy walking distance. Other meals are entirely up to you. We will be providing coffee and a selection of teas throughout the day.

Please feel free to bring laptops and/or recording devices if you feel these might help you, however they are not necessary. We will be providing you with background material and the presentations we will be making during the training. We can copy these onto a CD, but memory sticks or onto laptops works just the same, and saves resources. Please bring memory sticks with 330 + mbts of memory if this is how you would like to receive your copy of the materials. We are, however, now recommending using DropBox <http://www.dropbox.com> , free software you can down load from the internet onto your laptop which means trainers can share these resources with you directly from their laptop to yours including any updates. Once you have the software installed your trainer can send you a link to their folders inviting you to download them onto your laptop.

What we would like you to think about before the training

- 1) Any information on your transition town that you can share, posters you have used, leaflets, brochures, any printed/audio/visual material that you have used or assisted in your TT initiative. This will be a mutual learning environment!
- 2) Your story is important. Take some time to reflect on your journey regarding transition. When did you realise that we needed to make big changes to the way we live. How did you hear about Transition and what got you interested? Why do you want to be part of a Transition process?



3) Pre-course exercise – The Need for Awareness Raising

Have a look at

- One page of a newspaper
- A few pages of a magazine (include advertisements)
- One news programme on the radio or TV
- (Or any other half an hour of listening or viewing)

For each of the articles or items jot down the main story in a few words

What assumptions about the world underlie the content? What story or beliefs are presented in the mainstream media?

Additional background materials

You may want to read more before you come, here's a suggestion:

<http://www.transitionnetwork.org/sites/default/files/TransitionInitiativesPrimer%283%29.pdf>

If you need to get in touch with the trainers beforehand our contact details are:

xxxxxxx- mobile / E mail:

xxxxxxx - mobile/ E mail:

We look forward to meeting you!