



The Transition Characteristics June 2021

This is an updated version of the Transition characteristics, adjusted to take account of the feedback and data collected during the 2020 Transition movement evaluation process. Under each characteristic you will find relevant quotes, information and links shared by Transitioners in their responses to the 2020 survey. We celebrate the energy, creativity and work represented here - the impacts achieved, the learning and the courageous failures!

We do not expect all these characteristics to be equally present in every Transition group or hub. Instead, we hope the list:

- Will help Transition groups and hubs tell inspiring stories about themselves and their place within a richly diverse international movement;
- Feels rooted in the reality of what's happening across the Transition movement right now;
- Makes more visible the breadth and depth of activities that are possible;
- Supports Transition groups and hubs to learn, grow, reflect and make informed choices about where to put their energy;
- Will encourage further exploration of why and how we do what we do and the relationship between different aspects of our movement.

First, we repeat here something which Transitioners have used as a guide since the very early days of our movement (this particular version was agreed by the Hubs Group in 2016)

Doing Transition successfully is about finding a balance between:

- **The Head:** we act on the basis of the best information and evidence available and apply our collective intelligence to find better ways of living.
- **The Heart:** we work with compassion, valuing and paying attention to the emotional, psychological, relational and social aspects of the work we do.
- **The Hands:** we turn our vision and ideas into a tangible reality, initiating practical projects and starting to build a new, healthy economy in the place where we live.

People in the Transition movement come together to:

Engage with the need for change - creating spaces for exploring and engaging with, the complex interconnected challenges of our times (climate change, loss of biodiversity, social injustice and other impacts of the global growth economy).

St Albans, England “We took over organising the annual Sustainable Schools training day and have a lively schools group now in regular contact with schools providing newsletter, resources and ideas for classroom activities...(over 30 schools take part in the SustFest)”

Other examples involved creating learning communities or communities of practice, such as the establishment of the [DorfUni, Austria](#), which aims to link communities and municipalities to enable learning and collaboration together.

Others incorporated learning by doing, for example the creation of community coins in Mexico: “in the transition initiative of Queretáro where a coin for children has even been formed with everything and what it implies... this information is acquired by girls from an early age and the knowledge is transmitted directly to the family. This initiative has led other schools and communities to follow suit to the point that there are already encounters between prosumer girls and boy” ([Transition Mexico](#)).

Engaging with the need to change occurred through trainings about Transition, to catalyse new projects connected to the Transition movement:

Facilitator from **Red de Transición Hub, Spain**: “Last week we completed the 7th Online Transition Course in which I participated as a facilitator... the materials and group dynamics have been reviewed and updated for this edition, taking into account the impact of current challenges such as Covid19. The course was very well received, we had participants from Spain and Latin America, and we have received a lot of gratitude and positive feedback from people. Likewise, they have expressed great enthusiasm to start their own projects and remain connected to the Transition movement.”

fairNETZt Lörrach (Germany) have contributed to a round table and climate action plan, “A round table on the climate of the civilian population has gained momentum and shows that it is important for citizens not to work on just one crisis.”

<https://www.loerrach.de/de/Stadt-Buergerschaft/Stadtentwicklung/Umwelt-Klimaschutz/Runder-Tisch-Klima>

In Japan, Transition films have been translated into Japanese, whilst the Cafe Slow Power project enables engagement through activities in an informal setting, powered by a solar 'community power plant': <https://motion-gallery.net/projects/cafeslowpower>. See a video showing activities in the cafe:

<https://www.youtube.com/watch?v=y2bh9WE4u5U>

Transition Kassel Open Street Map of resilience projects Docutopia : http://umap.openstreetmap.fr/en/map/docutopia-symbioticsynergysolution_113474#13/51.3135/9.4977 ; and Urban Gardening and edible city project: <https://essbare-stadt.de/wp/>

Transition Worthing, UK: Eco open houses report, with some innovative ideas about rainwater harvesting "we included a flood mapping exhibition, historical maps of local areas prone to flooding, 2 exhibitions which included various local projects to prevent surface water flooding and we also looked at waste, recycling, Powerwall batteries, electric cars (including how and where to charge them locally) and beekeeping...We created a hands-on workshop, so people could learn how to create a rain-garden, which also included how to build a rain-chain to water a garden". Neat 5min video: https://www.youtube.com/watch?v=cAS7x16_7QE

Transition Lopez island: Website gives an overview of their projects, particularly Fossil free by 33: "a deep dive into transformational change for a livable future" (<https://transitionlopezisland.org/carbon-free-by-33/>) and a short video 'Our Voice our future' about the climate crisis <https://www.youtube.com/watch?v=0hyZXmEidTU>

Co-operation Humboldt - Education

- ~ Study Groups (small group discussion series)
- ~ Public Workshops, Forums, and Teach-ins
- ~ Wiyot Honor Tax (voluntary tax paid to original inhabitants of this area)

Ecomuseum Nihonmura (Transition Kosuge), TTK Koganei "Ecomuseum The core museum of Nihonmura is the "Museum of Plants and People". Inheriting the traditional wisdom of plants and people, we propose a mountain village promotion model in Chichibu Tama Kai National Park." including preserving native millet varieties, learning and research, traditional wisdom. <http://www.ppmusee.org/index.html>

Transition Scotland Hub 1000 better stories project in Scotland, "exploring the space where climate action meets social justice": <https://www.scottishcommunitiescan.org.uk/1000-better-stories/>

Transição Portugal All the Transition work had an important impact on the framing of crises in a larger context, generating narratives linking these crises with their causes and with the lack of preparation, negligence and intent of public institutions in effective preparation.

Co-create motivating and imaginative narratives and visions - using creative and participatory methods to share stories and possibilities of a healthy, just and resilient future.

Cooperation Humboldt: Creativity: Arts & Culture program

- Annual Artists Dismantling Capitalism Symposium
- Regenerative Theater (realizing a solidarity economy through theater)
- Imaginal Services Bureaux (art in service of envisioning social justice)

Transition Town Tooting, UK: “We have developed a culture of the 'possible'; closing the busy A24 for a Carnival to reimagine the future, transforming a bus turning circle into a pop up village green - imaginative ideas collectively manifested by large numbers in the community - across age and cultural difference.”

Bonn im Wandel e.V, Germany: “At local level we are quite successful in telling a better narrative about our future and also making it visible with our projects if its the CSA, the Cargo Bikes, Bonn blossoms and Humms, as well as Trainings und Events about Transition, REconomy, SDGs. We wrote articles and newsletter about sense making out of Covid 19, and got very positive feedback.
<https://bonnimwandel.de/corona-spueren-was-wichtig-ist/> . We also talk about Climate Change as catalyzer for change e.g. here <https://bonnimwandel.de/speedtalk1-was-ist-eigentlich-transition-1/> , more over, our CSA and our community gardens are affected by heatwaves and start experimenting with permaculture techniques at low level.

Transicion México Hub: “Prior to the pandemic, events were being held about the documentary that we made about local currencies, with the participation of environmental organizations, social actors, activists and initiatives, that gave space for dialogue and questioning the situation.”

Transicion Colombia Hub: “From Transition Colombia, we are starting the #yosoyelcambio campaign, with the purpose of spreading and expanding the collective response to these changes and sharing successful experiences from different topics as a contribution to the transition that we are making from each home.”

Lame in transizione, Italy: “The group started as an offshoot of Zoè theaters but over time has increasingly identified with that which makes the Associaizone social promotion www.zoeteatri.it, <https://lameintransizione.wordpress.com/> Improsocial is the workshop for facilitating projects related to community social theater, generative, within the relationships created from time to time. Locally as a Lame neighborhood we are now beginning to see some fruit.
<http://transitionitalia.it/2017/09/27/improsocial/> and <http://transitionitalia.it/2018/04/03/officina-di-facilitazione-per-comunita-dinamiche/> “

Transition US: Have been involved in a positive visioning and national strategy conversations: <https://transitionus.org/whatif/> : Overview and links to their three phases of Positive Visioning, National Network Strategy Conversations, and Harvesting stories.

Imaginative narratives and visions are also seen through future maps and tours:

fairNETZt Lörrach 'Map of tomorrow' gives some ideas for positive narratives (<https://www.fairnetz-loerrach.de/loerrachs-karte-von-morgen/>)

TransitionHaus Bayreuth, Germany “In July, the Bayreuth von Morgen initiative was founded - a city tour with a vision. How do you envision a Bayreuth of tomorrow? How do you want to live here? These are the questions the Group and

has summarized the answers to a city tour of a different kind. ...Working in the future that no longer needs a hero." <https://transition-bayreuth.de/von-morgen/>

La Roche-sur-Foron, France Feast of the possible:
<https://paysrochoisentransition.org/fete-des-possibles/>

Connect and care for each other - building social cohesion and resilience through practicing and celebrating creativity, mutual support, fun and friendship, bridging divides and decreasing polarisation to create caring and equitable communities and cultures.

Offering nature connection activities

- ~ **Transition Granja Viana, Brazil:** “I am organizing a working group whose objective is to set up a community garden. The project already has a name - “Recanto Eurovarde” and has so far been organizing itself to recover the soil and some existing trees in an area of 1000m2 with the objective of uniting the residents for study and joint efforts for planting in an agro-forestry system. The phase is for projects and some local action.”

San Lazzaro in transizione, Italy: “The garden of wonders of San Lazzaro in transizione”
<http://www.economiasolidale.net/content/orto-delle-meraviglie>

Transition Town, Mönchengladbach im Wandel, Germany: “We have initiated an “Edible Wild Plant Park”, which will be set up next year by a wild plant educator in cooperation with Transition Town and the Dr. Strauss Foundation in Mönchengladbach.”

Social cohesion, community spirit, mutual aid

Parceria Local de Telheiras, Portugal: “Through the creation of various spaces and moments of dialogue, collaboration and joint implementation of projects, we have had an indirect impact on strengthening the feeling of community, social support networks (formal and informal) and the spirit of sharing and mutual help.”

Transição São Luís, Portugal: For me, the Interior Transition group has been fundamental. In the early days it was our job to help other groups form. We gave support to the Water Group, the Participatory Budget campaigns and the social integration of our village as a whole.”

Transition Town Tooting, UK: “I think TT Tooting has been remarkably effective in drawing in a mix of people in what is a wonderfully diverse and dynamic part of London. It's opened up space for people who want to get involved, in a creative and positive way.”

Sustainable Backwell, UK: “I was left in a terrible state, feeling abandoned & stressed, at the beginning of March lockdown, unable to shop in the early morning or stand in queues. Sustainable Backwell sent out an email list of local resources (wide-ranging). I got a shopping Volunteer within a few days & calmed down. Same has happened with this November slightly lower level Lockdown. Gives a new meaning to `sustainable`. Yet, thoughtfulness about others & community doesn't have to be `rocket science`. Change in a very simple list!”

Canada: Resilient Neighbourhoods: Household level social connectivity leading to about 50% of street or building groups working together over the long term to support and/or take action to improve things. “Connecting organizations and champions in respective networks for learning and mutual support has also been successful and resulted in spin off partnerships ... We are urban and the majority of people are more isolated than connected where they live. There is a gap at the household level that is not being met by Emergency Planning tools and services”.
https://resilientneighbourhoods.ca/resilient_streets/
<https://resilientneighbourhoods.ca/connect-prepare/>

Community Action Groups, Oxfordshire (includes some Transition Groups) “I've seen how many of the transition-type initiatives locally have been an important part of community responses - especially those running their own space, with staff, or those running a community business. For example leading efforts to ensure no-one in the community is going hungry, setting up community larders, etc. Some examples just from the first part of 'lockdown 1' in the UK”:
<https://cagoxfordshire.org.uk/cags-response-covid-emergency/>

Camarones, Argentina. “We are starting a citizen garden in a coastal town in the Patagonian desert. All a challenge. on the web you will find in particular the news, all our internal transition”. In their survey answers they mentioned the value of connecting with each other and including a “meditation of connection with the earth in the land of the citizen garden that we are putting together”
<https://transicioncamarones.wixsite.com/transicion>

Comunidades en Transición, Sierra Oeste-Madrid: “Support is given to cultural activities (choir, wall murals, local television, etc.) with an appropriate space and building for it. .. a group of volunteers from this network has been concerned with providing help to students fixing old computers, and also to needy families with food baskets”.

Transition Vila Mariana - Transition Brasilandia “I see that the way we organize and support local businesses has made the confrontation of Covid more lenient, in my community, the creation of common sense, and support for small businesses, was something very present, which even saved many businesses that ended up being embraced by people who kept asking, via whatsapp and delivery, so that these places would not close. In addition, this sense of community has led many to support and support the local elderly by shopping for them and helping each other throughout the quarantine.”

Transition Wekerle We started a community space and cafe in the summer, offering vegan dishes mostly with organic and locally produced ingredients, which became

popular with locals working in home office and no time to cook. Community Cafe in Budapest: <http://atalakulo.hu/holnap/kozoshely/>

Cooperation Humboldt: We created an entire program area for mutual aid during Covid 19: (<https://cooperationhumboldt.com/covid-response>)

Support inner transformations - growing our individual and collective psychological resilience and wellbeing, supporting thriving groups, relationships and conflict transformation, and exploring how our mindsets, attitudes, emotions and worldviews can contribute to or block social change.

Reseau Transition Hub in Belgium: “[We’ve had] bigger impacts in inner transition through the creation of a network of support professionals”
www.facebook.com/reseau.soutien.transition.interieure

Transition Town Bridport, UK: "The Shed" which (within Covid-19 rules) meets regularly to share/learn practical skills, make/restore/sell items, all with 'green' and transitional roots, and boost mental health along the way. Bridport Town Council has provided workshops, free of charge, and the group maintains them and the workbenches in return.

A trainer from the German Transition Hub: “As a transition trainer, I have reached many people and initiatives and was able to strengthen them in their further steps. For many years I led a heart & soul group, which was able to reach many different people in many different event formats.”

Bowen, Canada: an article by Dave Pollard on precarity and anxiety:
<https://howtosavetheworld.ca/2019/01/24/how-can-we-prepare-for-an-unknowable-future/> .

Brasilia: Ecopsychology and Deep Ecology Training Project - in 09 workshops, and see www.unipazdf.org.br or the links on youtube, facebook of UNIPAZ DF and Instagram Jardineiros da Terra

Camarones, Argentina: Group focused on internal transition and building a good group first, “Covid hit us hard internally... differences in the obedience to the norms imposed by the government ... until we have dedicated a meeting to be completely for covid, a series of circles of words and consents to strengthen the group in the face of the permanent change imposed by the situation.”

Göttingen im Wandel, Germany: We recently held an event entitled "[Building bridges to those who think differently](#) ... This brought opposing positions closer to one another and showed who you can listen to in your position and who cannot. And where your own position on the topic lies, maybe in the middle between the two extremes”. Building Bridges to Those who think differently:

Transição São Luís, Portugal: “For me, the Interior Transition group has been fundamental. It was the most photographic group in the early days and it was our job

to help other groups form. We gave support to the Water Group, the Participatory Budget campaigns and the social integration of our village as a whole”.

Address injustice - increasing awareness of social justice issues within and beyond our movement and finding ways to decolonise, heal and make reparations for historic and current injustices, becoming good allies to those who have been doing this work for many years.

Transition Holywell & District, UK: “4 members of our group are active members of Flintshire City of Sanctuary and we have recently introduced 3 Syrian families to our community garden, and one has started working with us. He is a chef so we're trying to arrange work for him locally once he has his food hygiene certificate.”

Transition Vila Mariana, Brazil: “Here we developed the beginning of a transition project in a very low income community, and subnormal settlements (favela) that continue to this day. They developed an awareness that brings them together in groups to create medium and long-term projects. This has been going on for 10 years and the meetings and projects continue to take place.”

Transition US Hub: “Transition US has funded six local Transition projects through our Community Resilience Stimulus

Italy, Sicily: “The Dignità in Campo (“dignity in the field”) project is taking action in two Italian cities – Saluzzo, in Piedmont, and Syracuse, in Sicily – to protect agricultural workers from exploitation.”

Cooperation Humboldt:

Arts and Culture programme includes ‘Somatic Practices (body-centered seminar to unlearn white supremacy)’ and Imaginal Services Bureaux (art in service of envisioning social justice), Education includes Wiyot Honor Tax (voluntary tax paid to original inhabitants of this area)

Transition Town Tooting: Feels as though we've created a successful base and track record for tackling anything we choose to. Teaming up with local XR, Black Lives Matters and mutual aid group... broad range of Tooting's faith groups, also refugee support groups”

Apply Living Systems Design - understanding the principles of living systems and working with whole system design approaches to support the development and emergence of regenerative social systems including: economies, education, health, food/farming and more.

Transition Town Bridport: <https://www.seedingourfuture.org.uk/> Food security and resilience: " The overall aim of Seeding our Future is to work as a pioneer and catalyst: identifying new issues, and creating or gathering processes to help our client groups to face them. We aim to do this by running pilot projects, achieving

proof of concept, and then sharing our experience through train the trainer programmes or online resources to encourage others to use them.

Municipalities in Transition Roma The Municipalities in Transition project is an opportunity to manage complexity and encourage an ecological transition, dialogue and cooperation in a very different and difficult context:

<https://municipalitiesintransition.org/pioneers/rome-municipio-v/>

Bonn im Wandel , Germany: “Within the last 12 months we drafted a concept of participation and cocreation for a climate neutral city. Its called "Bonn4Future - we for the climate". We started with explorative talks with initiatives, experts, representatives of the City administration and politics about the question "what has to happen that the transformation towards a climate neutral city would be successful and a process I would love to contribute?" based on this inquiry and the experiences in other cities such as Totnes or Marburg we co-created the concept for a city wide process.” www.bonn-for-future.de

Cooperation Humboldt: example of living systems design, connected with other local groups, agile and emergent responding to the situations, such as the disaster and fire relief programme. Integrating all aspects: practical, creative, emotional,

Luxembourg: Creation of a bioregional learning centre: Äerdschëff www.aerdscheff.cell.lu which is going to be finished in 2021, a bioregional learning centre!

Municipalities in Transition, Brazil: We work at the interface with the government, in the application of public policies that can collaborate with impacts on the restoration of local ecosystems, enrichment of biodiversity, empowerment and community strengthening to support local projects. I'm a Municipalities in Transition tutor in Brazil ... I feel that every time, there is a more attractive way to talk about the importance of transition and to act together in favor of changes. But they are all forms of joint learning and strengthening the internal structures of each participant / involved... More generally ...

I feel that crises add challenges to the existing local scenario ... sometimes there is a strength that comes from that, and sometimes there is a negative impact or a dejection on the community for a while. Respect for this dynamic is very important, because if there is no personal energy available, it is difficult to face greater challenges than those already underway. Community time in facing challenges / crises and proposing solutions is an art to be understood and worked on. The opportunities for joint action bring joy and nutrition to the group and can always be activated, remembered ...”

Gibsons, BC, Canada. Our well established Seed Sharing Collective (my one and only continued involvement now) distributes seeds as seed outlets dry up and helps teachers and schools (green house care, school gardening plots, and seed saving education)

Take practical actions - designing and implementing practical projects which reduce carbon emissions, address equitable climate change mitigation and adaptation, and increase local resilience e.g. in areas such as food, energy, waste, transport, shelter, habitat protection and healthy ecosystems, mutual aid, community building and disaster relief.

Reducing Carbon emissions

Transition Town Worthing, UK: “We've focussed on energy/carbon reduction issues because we've been able to link and be supported by various community energy projects in Sussex and our Eco Open Houses events have been really successful in raising awareness and demonstrating best practice regarding carbon and waste reduction. Our Repair Cafe has been incredibly popular, thus addressing the same issues. Our Energy shop has seen 538 clients save over £35,000, and an estimated 84 tonnes of CO2! Eco Open Houses had over 800 visitors at the last event.”

Transition Ealing, UK: Collaboration with the Schools' Energy Cooperative has resulted in major solar panel installations on local schools, supported by Ealing Council. <https://ealingtransition.org.uk/solar-schools/>

Transition Lopez Island, USA: Most successful has been our "Fossil Free by '33" project, highlighting speakers and events promoting carbon reduction, energy conservation, supporting local farmers, reducing waste. <https://transitionlopezisland.org/carbon-free-by-33/>

San Lazzaro di Savena (Bologna) Group purchase of solar panels for a school, founding the Energy Community. Organization of the BioMarket, coordination of organic farmers. Creation of a synergistic community garden, organizing Permaculture courses.

Increasing resilience to climate change impacts

Transition Japan Hub: “The threat of natural disasters such as typhoons and floods is increasing year by year, and awareness of disaster prevention is increasing in urban areas that are considered to be vulnerable to disasters. In particular, in Bunkyo Ward, which is the base of activities, we are encouraging residents to help themselves, and an increasing number of groups are working on disaster prevention in their civic activities.”

Transição Portugal Hub: “All the Transition work had an important impact on the framing of crises in a larger context, generating narratives linking these crises with their causes and with the lack of preparation, negligence and intent of public institutions in effective preparation. Locally, it was our extended network that managed to respond to the lack of community protection masks, given the inability of the state and the mayors to respond. An online workshop was held(<https://www.pretajoia.com/2020/04/oficina-de-mascaras-de-protecao.htm> |)

which later developed into a reusable mask production network that provided more than 500 masks for free to the community.”

Cooperation Humboldt, USA: “We provided direct assistance to a flood of fire refugees who came into our community, and are shifting that program to Disaster Response & Community Resilience (<https://cooperationhumboldt.com/resilience>)”

Local food:

Trudering im Wandel, Germany: “We have replaced our market meeting with exclusively regional and "unpackaged" organic food by an order and pick-up option.”
<http://www.truderingimwandel.de/2020/04/markttreff-tante-trude-ist-zurueck-bio-lebensmittel-perlieferdienst-oder-zum-abholen/>

Transition Town Wellington (England) Free foraging map:
<https://ttw.org.uk/free-community-food-map>

Transition Leytonstone, UK: Community fridge:
<https://www.transitionleytonstone.org.uk/community-fridge>

Transition Town Fuchu, Japan: Mini comic magazine to promote local food:
<https://fuchufarmfans.jimdofree.com/>

Salies de Bearn en Transition, France: Community garden:
<https://salies-de-bearn.entransition.fr/plan-du-jardin> / - sharing and exchanging seeds and know-how, and plant barter and shared gardens are installed around us.

Transition Camarones, Argentina: We are starting a citizen garden in a coastal town in the Patagonian desert. <https://transicioncamarones.wixsite.com/transicion>

Transition Toronto, Canada: Food up Front project, encouraging food growing in front gardens in Toronto.
<https://stevenbiggs.ca/garage-gardeners-archives/2020/4/30/create-a-food-street-with-food-up-front> Also Treemobile, supplying climate appropriate food-bearing trees and plants which are delivered to gardens in the spring. Some volunteers plant them for recipients. <https://www.transitiontreemobile.org/> "

Renewable energy

Transition Town Koganei, Japan: “In a joint project with Cafe Slow (organic restaurant) in the neighboring town, we launched the Cafe Slow power plant project, installed a solar panel of about 8KW by crowdfunding, and provided electricity for events etc. off-grid. ing. I want to share the blessings of natural energy with everyone in the town. Let's build a power plant in Cafe Slow.
<https://motion-gallery.net/projects/cafeslowpower> ”

Green TEA Eynsham, UK: “Received grant for two studies including examining the practicalities of a distributed local energy grid with Low Carbon Hub Oxfordshire.”

Transition Fujino, Japan: “Fujino Electric Power was a local electric power company, and various local electric power activities expanded with Fujino Electric Power as a trigger. Solar panel assembly workshops have been held more than 250 times throughout Japan.”

Green Transport

Kings Cliffe Transition, UK: “Promoting the use of bicycles by offering free bike repair.”

Abergavenny Transition Town, UK: “pedestrianisation of town centre and encouraging the use of bikes and cycle safety.”

Kirbymoorside Environment group, UK: “Our transport team morphed into working on a regional basis, and individuals set up and supported <http://moorsbus.org/> and <http://getryedalecycling.com/> “

Bonn im Wandel, Germany: have been designing and making cargo bikes

Waste or pollution reduction

Transition Town Worthing, UK: “Repair Cafe - running for 2 years, our most successful project so far - average 35 repairs done at each session - also a great project for bringing the community together, tackling social isolation and skill sharing.”

Transition Town Letchworth, UK: “Our Plastic Free communities project resulted in the local council declaring it wants to make the whole of the district plastic free and there are on-line meetings with other relevant groups to further this. Also the terracycle project (a one-man band initially!) has really taken off.”

Transition Granja Viana, Brazil: Implementation of the Community Composters Project in Vila Mariana – Sao Paulo. Since the beginning in March 2019, until Nov / 2020, 3 tons of organic waste have been composted.
<https://www.institutoclaro.org.br/cidadania/nossas-ovidades/noticias/composteiras-co-munitarias-instaladas-em-pracas-reduzem-residuos-destinados-aos-aterros/> and <https://youtu.be/iaZj5zmXJVY>

Transition Sarasota, USA. The Suncoast Gleaning Project "Since 1980, food banks throughout the United States have been participating in the time-honored tradition of gleaning: rescuing food from local farms that would otherwise go to waste in the fields." <https://www.transitionsrq.org/gleaning>

Protecting and restoring land or water

Portugal: “At Cidade Mais, the festival we organized in Porto linked to the transition, the municipality stopped using glyphosate in its public gardens due to the debate and awareness that the festival has brought to public discussion in the municipality. We also introduced civil society initiatives to the municipality which, after the festival,

began to support them, as is the case with the 100,000 trees project for the Porto Metropolitan Area.”

Improving biodiversity, protecting wildlife

Toulouse en Transition, France: Micro-forests have been favorably received in this region, eager to be green, open, avant-garde. First planting of a Myiawaki forest in the city. Creation of a participatory planting manual for this method.”

<http://toulouse.entransition.fr/wp-content/uploads/2020/09/introduction-myawakit.pdf>

Contribute to a wellbeing economy - innovating and collaborating to create economic models and opportunities focused on wellbeing and inclusion e.g. new social enterprises, currencies, livelihoods.

Alongside the REconomy projects

(<https://transitionnetwork.org/about-the-movement/what-is-transition/reconomy/>)

here are a variety of ways that Transition groups contribute to a wellbeing economy

Social cohesion and community spirit

Transição São Luís, Portugal: “We initiated a local farmers “Extra Row” program-extra crops are grown by the farm, then our transition group provides the volunteers to harvest and distribute the produce to people in need.”

Transition Town Tooting, UK: “Our Transition has initiated or supported a number of spin off groups and projects in the area of food growing, repair, streets, planning, green spaces and more. Our work has also supported connections between across the locality which now has a rich ecosystem of community groups. Some of our ways of working have been taken up by other groups. We have done several significant projects that involved the arts/creativity and the imagination including large-scale outdoor events. ... In some ways it is the slowly developed relationships with individuals and communities that are really significant though.”

Developing mutual aid/care systems

Transition Granja Viana and Transition Brasil Hub: “We held an online event with the local community to hear everyone's needs in the face of the COVID 19 crisis and the impacts on our region; local producers had strong support from the movement in the transition to delivery, so that they could continue to produce and sell and the first Launch online training in Brazil was organized.. EcoFeira was one of the great achievements of Transition Granja and is increasingly valued in the region. Encouraging organic agriculture and local producers.”

Sharing 'care or wellbeing economies' principles and practices

Graz und Wien, Austria: “We have created our own platforms for regional small businesses and farms so that they can present themselves better and maintain access to customers. This is how the region is networked and informed! @ Austria delivers, @Steiermark delivers, @Wien delivers, @Weiz delivers @Gleisdorf delivers @Leibnitz delivers, More than 10,000 companies are now

using this! A web / internet shop has also been set up at Imago where producers can market their products without their own shop! www.imago-genossenschaft.at/shop”

Colombia: “a barter festival that has been held annually for twelve years, last year we integrated the festival with the assistance of 300 people and the previous year we managed to have around 2600 people from the countryside and the city, changing articles of different categories and contributing in the education to the conscious consumer, the valuation of the rurality, economic and tourist activation for the municipality.”

Sète en Transition, France: “The Thau SEL group (local exchange system) activates solidarity, social bonds, mutual aid. The last gratifieria reached 700 people, 2900 kg of objects were exchanged.”

Wezembeek-Oppem en Transition, Belgium: “Projeto Eco-Trocas (exchange network) was a local success in terms of circular economy, with more than 1000 participants. <https://www.facebook.com/groups/648985185848263> “

Transition Jericho, USA. Extra Row project: Farming: we initiated a local farmers “Extra Row” program- extra crops are grown by the farm, then our transition group provides the volunteers to harvest and distribute the produce to people in need, <http://www.transitiontownjericho.net/blog/archives/09-2020>

fairNETZt Lörrach: Specifically in the area of "economy" we work according to approaches of the common good economy

Transition Falmouth - working towards a circular economy is my priority - see <https://www.transitionfalmouth.org.uk>

Developing a local currency

Transición México Hub: “The creation of a local currency, the support to the organizations or groups with which transition works has been significant, especially in the transition initiative of Queretáro where a currency for children has even been formed with everything and what it implies. Regarding the products and services they develop as well as the series of products they make to exchange and sell at fairs, it seems to me of high impact since this information is acquired by girls from an early age and the knowledge is transmitted directly to the family. This initiative has led other schools and communities to follow suit to the point that there are already encounters between prosumer girls and boys. The individuals and families involved form a network that is interwoven with other networks at the local, national, Latin American and international levels. On the other hand, the creation of a social currency does not only imply the currency but also a series of changes in people's daily habits as well as the connection with networks of consumers and organic producers, green companies and many other activities related to prosumerism.”

Transition Fujino, Japan: “Local currency Yorozyua. It has been implemented for more than 10 years by adopting the LET'S local currency. It has been working to imitate the regions that it has been using for some time, but it has been featured in the media as a local currency unique to Japan, and it has also been adopted in transition towns in each region.”

Transition Town Peterborough, Canada: “TTP has had a long-running experiment in a local currency. The local currency is still viable though not being used widely except among some loyal users at farmers markets and few small businesses. This is due to the lack of volunteers to continue to promote and demonstrate it, as well as more robust belief in it and promotion of it by the Credit Union which is its 'banker.' It remains one of those "experiments' that our times call for and still has potential.” See their “[Economic Localization: A Strategic Framework](#) – their contribution to community efforts to adapt and thrive in the face of changes to climate, the economy, and resource availability (especially fossil fuels.) “

Transition US: Transition your money group (TYM) (<https://www.transitionasap.org/transitionyourmoney>) works to organize individual/family investment in the vitality, sustainability, and diversity of the community in and around the St. Anthony Park neighborhood, rather than in the stock market or other distant purposes. We're creating spinoff groups and projects, too.

Developing social enterprises or cooperatives

Graz und Wien, Austria: “For effective implementation, we founded a cooperative 3 years ago that plans projects, integrates and motivates people to implement them, and to continue and develop them sustainably - www.imago-genossenschaft.at”

Göttingen im Wandel, Germany: the development of our SoHuWi, the world's first humus economy based on solidarity. We build humus and do this in the long term and within the framework of a community that functions according to the principles of solidarity agriculture. And it works and it will continue for the next 20 years and, who knows, maybe beyond. And it is a model project and will initiate further initiatives of this kind. I build on it! And humus, living earth, is one of the most powerful CO2 stores and CO2 sinks. www.humusbildung-goettingen.de “

Transition Lewes: Ovesco – renewable energy co-op: impressive examples of renewable energy coop

Ealing Transition have been working with Ealing Council and the Schools' Energy Co-operative since 2016 to place solar panels on local schools. These provide about a third of the school's overall electricity, reduce the schools' electricity bills, and their carbon footprint. More importantly, we are demonstrating that a decentralised, fossil-fuel free energy system is possible. Ealing Transition members have provided the funds for the panels, and at the time of writing are getting a 4.5% return on their investment. " <https://ealingtransition.org.uk/solar-schools/>

Bayreuth, Germany: “we have set up and opened a regional food cooperative in our network with unpackaged shops as a contribution to decentralized supply (July 2020). TransitionHaus Bayreuth (<https://transition-bayreuth.de>)

Social innovation

Transition Buxton, England: “6Mw floating solar array project in development following successful WRAP feasibility study”

Charlottesville, USA. Developing EcoVillage Charlottesville a development of 38 homes in Cville. Part of an outgrowth of our work with Transition Streets. Go to <https://www.ecovillagecharlottesville.org/>

Broaden and deepen participation - convening diverse participation and supporting distributed and engaged deliberation and decision-making processes. Valuing and accommodating multiple perspectives and life experiences, including those marginalised by current systems.

Participatory democracy (e.g. citizens assemblies)

Transição São Luís, Portugal: “Participatory budgeting. Today most of our public buildings have photovoltaic panels, thanks to the Transição São Luís project.”

Bonn im Wandel e.V, Germany Within the last 12 months we drafted a concept of participation and cocreation for a climate neutral city. Its called "[Bonn4Future](#) - we for the climate". We started with explorative talks with initiatives, experts, representatives of the City administration and politics about the question "what has to happen that the transformation towards a climate neutral city would be successful and a process I would love to contribute?". Based on this inquiry and the experiences in other cities such as Totnes or Marburg we co-created the concept for a city wide process. This process was supported by more than 50 organisations, enterprises and initiatives. It was adapted by the council of the city of Bonn on 2nd of September 2020, to start as a city wider project on 1st of December. <https://bonnimwandel.de/breite-buergerbeteiligung-beim-klimaschutz/>

Dresden im Wandel, Germany: “I was the project manager of the Zukunftsstadt project, in which we developed and tested a citizen participation procedure and from which a [vision of the future city of Dresden](#) and 8 citizen projects with an impact in the city emerged. Based on this experience, we have also developed software that supports cities in setting up comparable participation processes.”

Influencing political debates or processes

Camarones, Argentina: “Create a culture of joint work between the municipality and the civil society organization. In a context of bipolar party politics (you are from one bank or the other), the transitional approach helped to overcome some of the obstacles of this old paradigm. Municipalities in Transition is a super resource in this regard.”

Parceria Local de Telheiras, Lisbon, Portugal.

<https://municipalitiesintransition.org/pioneers/parceria-local-telheiras/> - overview of the Municipalities in Transition project at a local level: “We work in a community network of organizations in our neighborhood. We have developed several activities to promote the transition, some more awareness raising, others very practical (such as school gardens, the creation of a center of shared resources and events to promote sustainability). The activities are always promoted in a network, which allows a great involvement of the community. The fact that in this network we have

civil society organizations working side by side with representatives of the local government has allowed an action with more impact, more information and that provides more appropriate responses to the needs of the community. Since 2018, we have been implementing the Municipalities in Transition system, which has brought you a more systemic vision to our performance.”

Transition Exmouth, UK: “Working with Town Council - we have a seat on the climate action working party . We have just launched www.ourplaceourplanet.org , steps towards climate action. The council have linked to this from the home page of their website so we are reaching deep into the community.”

Broadening participation...

Transition Japan: The threat of natural disasters such as typhoons and floods is increasing year by year, and awareness of disaster prevention is increasing in urban areas that are considered to be vulnerable to disasters. In particular, in Bunkyo Ward, which is the base of activities, we are encouraging residents to help themselves, and an increasing number of groups are working on disaster prevention in their civic activities.

Transition São Paulo – Brazil: Here we developed the beginning of a transition project in a very low income community, and subnormal settlements (favela) that continue to this day. they developed an awareness that brings them together in groups to create medium and long-term projects. This has been going on for 10 years and the meetings and projects continue to take place. [

Transition Town Bridport, England The Edible Garden at a local primary school has been particularly successful and has introduced the concept and joy of growing and eating fresh veg to one of the most deprived areas of the town. It has encouraged ownership of allotments, and provided a little employment (funds raised by TTB) to keep it going. The veg from the school garden is cooked for school lunches and during summer holidays was taken to a local food bank. [

Dresden im Wandel, Germany: Network of Community Gardens: <https://www.dresden-pflanzbar.de/> , including an International Garden: <https://www.dresden-pflanzbar.de/gaerten/international/> "committed to the integration and participation of migrants in the state capital of Dresden since it was founded in 2005"

Transition Town Tooting, England: *“Feels as though we’ve created a successful base and track record for tackling anything we choose to. Teaming up with local XR, Black Lives Matters and mutual aid groups in addition to long term change makers (cycling groups, air pollution groups; Green New Deal/green jobs groups etc) feels latent with potential at present.*

Broadening participation through local festivals and events

- **Transition Holywell & District, UK:** “For the last ten years we have organised big summer events ("green", "crafty" historical etc) in the town centre. In 2017 a HolyWELL-BEING Day event with help from the NHS and a whole range of health and fitness - and "green" -related orgs. Holywell is a poor town, so these festivals have supported local businesses, showcased local singing etc talent while cheering people up and fostering a greater sense of local pride.”
- **Greener Fram, UK:** “Our festival Sustainability on Sea was positively received and mobilised many people in the community to take on projects, events etc.”
- **Sustainable St Albans (England)** – Open food gardens:
<https://sustainablestalbans.org/open-food-gardens/>
- **Hastings, England:** Sustainability on Sea festival -
<http://www.transitiontownhastings.org.uk/projects/sustainability-on-sea-festival>

Energise networks and alliances - bringing together and contributing to broad alliances across different levels of scale. Working with local, regional and wider partners, including local government. Making visible, and helping to energise and amplify networks and ecosystems of change which are working towards a common purpose.

Networking and convening in the local community

Camarones, Argentina: “Create a culture of joint work between the municipality and the civil society organization. In a context of bipolar party politics (you are from one bank or the other), the transitional approach helped to overcome some of the obstacles of this old paradigm. Municipalities in Transition is a super resource in this regard.”

TransitionHaus Bayreuth We see ourselves as a support group for new initiatives (Climate Decision, Fridays for Future, Rhythms of Resistance, etc.), which we support and strengthen logistically, financially and structurally (club account, premises, green IT infrastructure).

Bonn im Wandel: “We supported anti-coal demonstrations in western Germany, as mines and plants continue to operate and expand in particular the fight for the hambach forest. Our contribution consistent in organisation walks and visits to the site and the campaigns such as "my face for the hambach forest2.
<https://bonnimwandel.de/mein-gesicht-fuer-den-hambacher-wald-mach-mit-und-zeig-deine-unterstuetzung/>

Transition Toronto: TreeMobile is a project that has brought other Transition and green groups together, since many other groups in the Province have used our transitiontreemobile.org platform to distribute food-bearing trees in their local community.

Energising and contributing to local networks over time

Transition Town Tooting: “Feels as though we've created a successful base and track record for tackling anything we choose to. Teaming up with local XR, Black Lives Matters and mutual aid groups in addition to long term change makers (cycling groups, air pollution groups; Green New Deal/green jobs groups etc) feels latent with potential at present. Strategic overview is lacking from Wandsworth Council who have declared a climate and ecological emergency - we are still to find the handle on creating this overview ourselves - although it is emerging in the way groups are now coming together.... “

Transition Derby “involved many people who had hitherto been involved with the Derbyshire Alternative Technology Association. When Transition Derby folded, many of them moved on to XR. For a period then, Transition Derby provided a home for this community, and gave them social interaction, opportunities to share and explore ideas, and some shared scheduled activities”.

Building networks and coalitions – e.g. Municipalities in Transition

Gruppo Municipalities in Transition Valsmoggia, Italy: “The Municipalities in Transition group actively supports various municipal administrators in the management of the territory. There are three main directions the work is focusing on: 1) Activation and support for the work of the "Climate Emergency Table" - a work table that involves all local political forces and works with dynamic governance models (Sociocracy 3.0) and with a systemic and complex approach to reality. 2) Support for local trade, to respond to the Covid crisis, through the development of a complementary local currency (together with simpler actions to promote proximity trade) 3) Activation of a project to create new energy communities (in collaboration with the reference institutes of the territory)

Municipalities in Transition: (Portugal) “The positive impact of our work has attracted the attention of some surrounding municipalities that have invited us to work with them. And for the past 4 years, in addition to the municipality of Porto, we have worked with Vila Nova de Famalicão to organize a conference on Circular Economy and with the Municipality of Maia who invited us to develop training to promote collaborative culture in the municipality. Since then we have been invited by the municipality of Famalicão to support them in designing the strategy until 2025 and by the municipality of Maia to start a pioneering process with the methodology of the "Municipalities in Transition" project. Other municipalities in Portugal are interested in adopting the methodology such as the municipality of Oeiras and Setúbal. “

Municipalities in Transition research reports from Pedro Macedo:

<https://zenodo.org/communities/mits/>

Networks for learning and support

Network of women in conservation in Latin America and the Caribbean.

<https://mujeresenconservacion.home.blog/la-red/#:~:text=La%20Red%20de%20%23MujeresenConservaci%C3%B3nLAC%20es,conservaci%C3%B3n%20m%C3%A1s>

[%20equitativa%20e%20integral](#). [link to website, haven't had permission to share their words]

Dorfuni.at - <https://dorfuni.at/> is an inspiring educational initiative.

Networks for mutual aid and strengthening local resilience

Cooperation Humboldt: We created an entire program area for mutual aid during Covid 19 (<https://cooperationhumboldt.com/covid-response>) We then provided direct assistance to a flood of fire refugees who came into our community, and are shifting that program to Disaster Response & Community Resilience (<https://cooperationhumboldt.com/resilience>)

Transição Portugal In my region, the coordinated response of various movements to the implementation of a model of agricultural intensification with negative impacts at different levels should be highlighted. The existence of local collectives linked to the transition allowed a counterpoint and the deconstruction of false narratives of development, and is at the basis of the organization to stop the ongoing ecocide and provide alternative ways of seeing the rural world.

Transition Vila Mariana - Transition Brasilândia “I see that the way we organize and support local businesses has made the confrontation of Covid more lenient, in my community, the creation of common sense, and support for small businesses, was something very present, which even saved many businesses that ended up being embraced by people who kept asking, via whatsapp and delivery, so that these places would not close. In addition, this sense of community has led many to support and support the local elderly by shopping for them and helping each other throughout the quarantine.”

Social enterprises:

Teign Energy Communities Social enterprise: <http://teignenergycommunities.co.uk/>, working with local authorities and other partners.